Dear Parents and Students

**2012 BOOKLIST ORDERS:** The left-over booklist orders, not collected last Friday, have been sent home with the children last Monday. Please check your child’s bag for the booklist bag.

**2012 CANTEEN ROSTER:** At this stage we have not received a favourable response from the community to commit to a couple of days to the 2012 Canteen Roster. It is imperative that we fill the scheduled days this year so that the canteen can operate smoothly each day in 2012.

Attached to this newsletter is the updated canteen roster schedule, with the blank yellow cells requiring names. I am seeking the full support from the community in filling these spaces by the end of the year. As mentioned previously, it’s not an onerous task and can be quite enjoyable. If every parent selects two spaces, the days will fill up very quickly. You can select more days if your time permits.

Please write your name on the blank spaces (attached canteen schedule) and return it to the school office as soon as possible. Alternatively, parents can email their preferred days to admin@stcolsbays.wa.edu.au.

A reminder to all parents that due to the Occupational Health and Safety Regulations, younger siblings (and all other students) are not permitted in the canteen. I am hoping for a favourable response this week.

**2011 SCHOOL FEES:** Semester 2 school fees are now due and all

### Important Dates*

<table>
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<tr>
<th>Week 7</th>
<th>Thursday 1 December 2011</th>
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<tbody>
<tr>
<td>• Swimming Lessons Yrs 1 &amp; 2</td>
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<tr>
<th>Friday 2 December 2011</th>
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<tr>
<td>• 9am Parish Mass Yrs 2 &amp; 5</td>
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<tr>
<td>• Swimming Lessons Yrs 1 &amp; 2</td>
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**Week 8**

<table>
<thead>
<tr>
<th>Monday 5 December 2011</th>
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<tr>
<td>• Dance Lessons Yrs 3-6</td>
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<tr>
<td>• Swimming Lessons Yrs 1 &amp; 2</td>
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<table>
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<tr>
<th>Tuesday 6 December 2011</th>
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<tr>
<td>• Swimming Lessons Yrs 1 &amp; 2</td>
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<table>
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<tr>
<th>Wednesday 7 December 2011</th>
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<tr>
<td>• 9am Parent Helpers' Thank You Morning Tea</td>
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<tr>
<td>• Father Christmas visiting Kindy Green &amp; PP</td>
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<tr>
<td>• Swimming Lessons Yrs 1 &amp; 2</td>
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<table>
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<tr>
<th>Thursday 8 December 2011</th>
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<tr>
<td>• Father Christmas visiting Pre-K &amp; Kindy White</td>
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<tr>
<td>• Swimming Lessons Yrs 1 &amp; 2</td>
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<tr>
<th>Friday 9 December 2011</th>
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<tr>
<td>• 6pm Graduation Mass &amp; Prize Giving—Yrs 306 to attend in uniform</td>
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Be Allergy Aware!

Families are reminded that St. Columba’s is an Allergy-friendly school. Please DO NOT bring nuts or nut by-products onto the school grounds. Some of the foods to avoid are Muesli Bars with peanuts, Nutella products, peanut butter and any other foods containing traces of nuts.

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**Parish Priest:** Fr Minh-Thuy

**Parish Mass Times**
- Saturday—Vigil Mass 6.00 p.m.
- Sunday—Mass 7.30 a.m. and 9.30 a.m.
- Parish Youth Mass—Last Saturday of each month

**Term 4 Dates:** Tue. 18 Oct.—Wed. 14 Dec

**School Times:**
- 8.30 a.m.—3.00 p.m.
- 10.30 a.m.—11.00 a.m.

**Lunch:**
- 1.00 p.m.—1.40 p.m.
parents are requested to finalise their accounts by the end of this week, unless you are on a direct debit plan.

**END OF YEAR CELEBRATION:** I am looking forward to seeing all the students in Years 3 – 6 at the Year 6 Graduation celebration next Thursday, 8th December, commencing at 6.00 p.m. All students are required to wear their school uniform and be seated with their teachers by 5.50 p.m. This event is an official school celebration and all students who are in the above year levels are required to attend. The celebration should conclude around 7.15 pm.

**PARENT HELPERS MORNING TEA:** All parent volunteers are invited to a morning tea next Wednesday, 7th December, commencing at 9.00 a.m., in the undercroft area (outside the canteen). For catering purposes, I request that you complete the section below if you will be attending the morning tea.

**SAUSAGE SIZZLE:** Orders for the Sausage Sizzle to be held next week on Friday, 9th December, must be submitted by next Monday, 5th December.

Greg Martin
GREG MARTIN
Principal

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**St Columba’s Bayswater**

**PARENT HELPERS MORNING TEA**

I will be attending the Morning Tea for Parent Helpers, to be held on Wednesday, 7 December 2011 at 9.00 a.m. in the undercroft area.

Please print name and return to the School Office.
Uniform Shop News

Perm-a-Pleat have advised Pauline that the School’s hat delivery has been held up due to an industrial dispute. At this stage, they cannot advise us when they will be delivered.

As always, should you have any questions please contact Uniform Shop Coordinator, Pauline Moran (year 3 & Pre-Primary) on 0412 712 128, or alternatively Simone Dearle (year 5 & 3) on 0409 507 994. Thank you.

Parish Cleaning Coordinator

We are looking for a Parish Cleaning Coordinator for 2012.

Jill Brazil has completed a wonderful job over the last two years and is now ready to hand over the reins to the next person. Jill has indicated she is happy to pass on her templates and explain the process undertaken over the last two years.

If you would like to support the school and parish and are interested in taking on the role in 2012, please contact Sheryl Milonas on 9271 7181 or email at admin@stcolsbays.wa.edu.au. Your support in taking on this role is greatly appreciated.

I take this opportunity to sincerely thank Jill for her efforts and hard work over the last two years. We greatly appreciate her commitment to both the parish and the school.

Name Bricks & Pavers – Final Orders

The first order of 109 Bricks & Pavers should arrive at the School in a couple of weeks’ time and they will be put on display so everyone has a chance to see how fantastic they look. We are also in the process of finalising an “Eye-catching” design for the Wall/Paved area.

We intend to place another Order by **December the 9th (at the latest)** for all those people who missed the first round but have expressed interest in being part of the “75th Anniversary Wall & Paved Area” project.

Sue Grant (Yr 1, Yr 4 Mum) & Penny Pettit (Yr 1 Mum) will be available in the School Library from 8.45am on **Monday 21st November** to answer any Queries/help fill out Order Forms/Collect completed Orders and conduct “Hand-drawn” Image sessions with the kids (see flyer sent home on Wednesday), for anyone who is requiring assistance.

Don’t miss out on this wonderful opportunity to..........................
Parish Cleaning Roster

THANK YOU!
Thank you so much to everyone who has volunteered their time. To those of you who are continuing on the roster this term, thank you for your on-going support. To the new volunteers, thank you for your very welcome help.
The parish hall cleaning takes about 1.5 hours or less if you have 2 people working together. The hall can be cleaned after school on Friday or on Saturday before 4pm. Please contact Jill Brazil on 0411 592 234 or jbrazil@iinet.net.au for further information.
The key to clean the parish hall is located at the school office and can be picked up on Friday afternoon. Once you have finished cleaning, please remember to lock the hall and return the key to the office on Monday morning.
If the date allocated does not suit, please call another team to arrange a date swap.

JILL BRAZIL

Canteen News

As we are approaching the end of the school year, would continuing families please ensure that your account is in credit. Accounts of departing families should be finalised by Monday, 12 December.

Thank you.
Any assistance in the canteen would be greatly appreciated.

SHERYL MILONAS

Pastoral Care

The Term 4 Roster is up on the classroom door for you to check when your child/children are due to donate the prize for their class.

Kindy to year 4 provide a small gift (e.g. book, puzzle, textas etc.) to the value of $5. Year 5 and Year 6 provide a cake. Please remember the nut-free policy when sending in baked goods. Tickets are 20c each, with a maximum of 3 tickets. Thankyou!

Week 8
Fri. 9 December

Kindy White
Cole Trinder

Pre-Primary
Ava Pinna

Year 1
Keira Georgiou

Year 2
Ivy Fuentes

Year 3
Charysse Pollock

Year 4
Darcy Guazzelli

Year 5
Millie Doherty

Year 6
No more raffles
Coles Vouchers Report

WELL DONE ST COLUMBA’S! Thanks to your huge effort, and that of our fantastic Parish community who also collected on our behalf, we amassed a Grand Total of 68,811 vouchers!!

Our initial goal was 50,000 – double the amount we collected last year. We smashed that goal by almost 20,000 vouchers!

We are astounded and so very thankful to everyone who shopped at Coles, collected, saved and brought in every single voucher. Your efforts have helped so much; our staff and students are very thankful to have your support and commitment.

A particularly ENORMOUS thank you to one very amazing parent at our school who took it upon herself to count every single voucher. Jeannie Pincus, mum of 5, managed this feat singlehandedly and never once uttered a word of complaint. Thank you Jeannie, you are just so fabulous!

Belated thank you to our Pre Kindy teacher and parent of 2 students, Andrea Middleton, who began the Sports for Schools program in 2010 at our school and took it upon herself to count approx 25,000 vouchers singlehandedly then. We are very thankful Andrea!

Thank you also to Board members Ian Figueiredo and Chenoa Anderson for their assistance.

Mrs McCluskey – our PE teacher - has taken great joy in browsing the Coles Sports For Schools catalogue and spending all our vouchers on the following equipment for our school.

- 6 x size 5 netballs
- 10 x kickboards (swim training)
- 2 x air goal target trainers
- 1 x long jump take off mat
- 10 x Speedo pull-bouys (swim training)
- 12 x ball inflator needles
- 2 x teeball stands
- 6 x volleyballs
Coles Vouchers Report (cont.)

48 x soft n’ safe balls (for younger children) with carry bags

5 x foam bats

6 x ball launchers

24 x hoops with carry bag

Bucket of 24 high bounce balls

40 x bean bags with carry bag

10 x size 5 basketballs with carry bags

Bucket of 72 tennis balls

2 x badminton/volleyball kits

15 x playballs with carry bag

4 x launch boards with balls

15 x size 5 soccer balls with carry bags

1 x 8m skillstep ladder

10 x AFL size 4 & 5 footballs with carry bags

The equipment will arrive early in 2012 and will certainly be put to good use in sport classes, for our after school sports teams and clubs - netball, football, athletics, cross country, swimming and running and just for fun by our students.

We look forward to earning our growing school lots more sports gear in 2012!
Social Worker News

There is something that some people bring to their parenting that you just won’t read in parenting books. It’s something you can’t really teach. It’s not skilled-based. Yet, it’s an ingredient that can have a monumental impact on children’s behaviour and well-being if it’s used properly.

That ingredient is your personality. It’s the part of you that you let shine when you are around your friends, or when you’re with your partner but somehow can get lost when you’re around your own kids. Perhaps situations or, even children, can become overwhelming or we just get tired.

Anyway, an example of this is the character of Mary Poppins. She has this quality and has a BIG personality. You know who she is!

She ‘kids’ her charges along (by adding A spoonful of sugar…….) when they are unsure about new situations. Her enthusiasm for whatever they are doing is so infectious that the kids are simply carried along in her wake. They feel great about what they do.

Okay, Poppins is a made-up character and in real life we don’t suddenly break out into song when the kids get screw up their nose about the slightest thing.

BUT that doesn’t mean you can’t bring your personality to the fore when you raise your kids. It’s a pretty big asset. One that we don’t give enough credit to.

Here are 3 ways to elevate your personality into a real parenting asset:

Try some humour when kids misbehave. I know one mum who said to her whining eight-year-old, “You think you’ve had a bad day. Come and listen to my day.” She proceeded to list all the rotten things she had to contend with and her daughter was off like a shot. Another mother I know planted a big, wet kiss on her fourteen year old son’s cheek when he dropped a swear word in public in earshot. It embarrassed the hell out of him!

Be enthusiastic. A quick meal cooked in a hurry can still be presented with all the pizzazz and fanfare of a four-course feast. “You’ll love this, I know!”: enthusiasm generally proves irresistible.

Be decisive and strong when it matters: Ever noticed how kids will fall into line when you are really sold on something? For example, a mother can remind her nine year old daughter that she should accept a birthday party invitation from a quiet girl in her class, even though she doesn’t want to go. The nine year old, who may be often argumentative, will mostly meekly agree as she sees her mother is adamant that accepting the invitation is the right thing to do!!!! Kids will usually fall into line when you are really sure about something.

Whether you are parenting toddlers, or contending with teenagers, look for ways to elevate your personality to persuade, to build relationships and create a sense of fun in your family.

Extract from Happy Kids newsletter by Michael Grose
www.parentingideas.com.au

Jennifer Maughan
School Social Worker
St Columba’s Bayswater Wednesdays and alternate Thursdays
**Community News**

**Riverside MultiSports at Trinity College**

Riverside MultiSports are hosting a sports programme for students aged 6 - 14 at Trinity College from Wednesday, 11th January to Friday, 13th January. Each day will commence at 9:00am and conclude at 12:30pm with the focus being on a wide range of sports supervised by specialist coaches in a fun yet safe environment. To secure a place on this exciting programme or for more information, email riversidesports@live.com.au or call David on 0413342999.

**Girl Guides**

Girl Guides provides opportunities for fun, friendship, adventure, personal development and skill development to girls and young women. Girl Guides provide great role models for girls and pathways to community involvement.

Being a member of Girl Guides helps to build self-esteem and builds confidence. Girls gain experience in responsible behavior, learn how to plan and complete tasks and work with others on team projects.

The Bayswater Bumblebee Girl Guide Unit currently has around 40 girls, aged 6 to 14 years. We have a number of girls on our waiting list and would love to give these young women the opportunity to be part of Girl Guides, but we need more adult helpers.

Girl Guides provides training and mentors for adult volunteers. You can get involved to a level which feels right, and can enjoy all sorts of activities. You don't need to have a daughter in Guiding or any previous experience with Girl Guides. If you are interested in learning more about Girl Guides, or you know someone who is, please contact me on 0412 822 779. If you are short of time or are unsure that Guiding is for you, consider a 'donation' of six hours of your time as a temporary volunteer.

**Enrolments are now open for the January Holiday Program**

Monday 9th January to Friday 20th January

Lessons are conducted at Chisholm Catholic College, Bedford and will be held in the afternoon.

Cost of $60 per week.

For available times or further information please contact:

Josie Randall
Ph: 9328 4599 or 0400 977 701
Email: josie@wa.swimming.org.au
Website: www.wa.swimming.org.au

**School Holiday Programs at the International Centre for Excellence**

- Academic Boost – primary and high school
- Study Skills Program for High School
- Creative Courses – Writing/Art/Comprehension/Maths and Language/Puppetry
- Transition to Year One – also suitable for children going into Pre Primary
- EQ4KIDZ – Emotional Intelligence and Social Skills course

Call Danielle Manning on 9271 4200 to find out more.
The purpose of the Beginning Experience ministry is to help divorced, separated or widowed men and women to heal the grief of their loss and free them once again to love themselves, others and God. These individuals, in turn, offer a better quality of life to all those with whom they come in contact.

We accomplish the purpose by offering quality, copyrighted, grief resolution programs. These programs are designed to move grieving people through a transformational process to a new beginning in their lives.

The lay ministers in the Beginning Experience ministry are "wounded healers" - specially trained men and women who are themselves widowed, separated or divorced, but are further along in the grieving process.

Through our weekend program we help to facilitate the resolution of grief, which allows grieving persons to focus on their experience and emerge from the darkness of grief into the light of a new beginning.

It is an invitation process that is intended to facilitate the resolution of grief, promote healing and thereby free people to live and love again.

Rooted in Christian tradition, the ministry's open, ecumenical spirit serves those of all faiths.

The Beginning Experience weekend is designed to be a time of closure on the past and renewed hope for the future. Those who come should be beyond the initial feelings of anger and despair which usually follows the loss of a loved one. They should be at the point of wanting a new beginning and ready to work to make that desire a reality.

Those who have attended the weekend programme report:

- Increased emotional health and self respect.
- New skills to deal with the pain of loss.
- Healthier family relationships.
- Renewed energy to be more effective parents, return to their church and improve the standard of living for themselves and their families.

The Beginning Experience Ministry has been running in Perth since 1985 and is available internationally having been founded in Fort Worth Texas in 1974. There are groups in other parts of Australia, New Zealand, Singapore, Canada, Great Britain, Ireland and the United States of America.

Our weekends run twice a year in March & August and provide follow up days including a reconnection afternoon and Two Continued Beginnings days over the course of 5-6 weeks following the weekend programme.

Our dates for 2012 are March 9th – 11th and August 10th – 12th

More information is available on our International Ministry Website www.beginningexperience.org (whilst the Perth website is undergoing reconstruction)

Or alternatively contact  Weekend Coordinator – Josie on 9285 8661

Or Mauz Kay (President) on 0419 928 110 email: mauzk@bigpond.com
Classifieds

Advertising space available!

$50.00 per term
for a business card-sized ad.

Contact admin@stcolsbays.wa.edu.au
with your pdf and to arrange payment
to the P&F.