Dear Parents and Students

“I know I need to learn patience. Where can I take a crash course?”  Author Unknown

Over the past decade or so there has been a persistent emphasis towards the development of self-esteem in young people. Self-esteem has ownership of a number of other names such as self-confidence, self-respect, pride in self, independence, self-reliance. Self-esteem is vitally important to the well being of all people no matter their age, but when it exists in a sanitised world, protected from negative experience, it can be counter-productive. How can a person train alone if they wish to play a team sport? What happens when they are challenged, bumped, tackled or meet people of superior skills? Self-esteem can soon slide away if it has never been tested.

True self-esteem is never developed in a vacuum, for in such an environment it will never develop its true resiliency - the ability to bounce back from disappointment and even failure. Children need to be exposed to the constancy of life where there are ‘ups’ and ‘downs’ and they need to hear the word “No” in response to some of their requests. To learn how to handle setbacks, not always getting your own way, even feelings of depression are important to healthy self-esteem. We don’t want to develop a fantastic attitude to life so that we are like the person who said, “I am eagerly awaiting my next disappointment”, but we do want to develop a realistic attitude to life where ‘highs’ and ‘lows’ are recognised as part of existence. Self-esteem that’s worth having and that will be true for all seasons is the result of being taught how to deal with the ownership of both success and failure. When children experience that their parents’ love for them is unconditional, accepting and affirming they are more likely to develop a positive self image and an

From the Principal’s Desk

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Be Allergy Aware!

Families are reminded that St. Columba’s is an Allergy-friendly school. Please DO NOT bring nuts or nut by-products onto the school grounds. Some of the foods to avoid are Muesli Bars with peanuts, Nutella products, peanut butter and any other foods containing traces of nuts.

Parish Priest:  Fr Minh-Thuy
Almondbury Street, Bayswater
Phone:  (08)9271 1414
parish@stcolsbayswater.org.au

Parish Mass Times
Saturday—Vigil Mass  6.00 p.m.
Sunday—Mass  7.30 a.m. and 9.30 a.m.
Parish Youth Mass—Last Saturday of each month.

Term 1 Dates: Wed. 2Feb.—Tue. 19Apr.
School Times:  8.30 a.m.—3.00 p.m.
Recess:  10.30 a.m.—11.00 a.m.
Lunch:  1.00 p.m.—1.40 p.m.

*PLEASE CHECK THE WEBSITE PLANNER FOR REGULAR UPDATES TO THE CALENDAR
From the Principal’s Desk (continued)

authentic self love.

Here we are in the middle of Term 1, back at school now for 5 weeks and wondering whatever happened to the Holidays. Fortunately, coming back to school is a little like coming to ‘home away from home’ for we reunite our family with the broader family of the school community.

Helen Rowland described home as “any four walls that enclose the right person”, and an unknown person once described a school as “a room with four walls, with tomorrow inside”. Both descriptions have more than the “four walls” as a common element; each suggests that what’s inside the walls is the real essence of what makes a home or a school and that is its people. This Catholic school is a true community of persons. It may borrow good administration models and practices from secular schools but it is not merely a business that produces an educational product.

This school endeavours to provide the opportunities for students to explore, reflect and integrate a Christian understanding of nature, self, society and God to manifest this in their life through behaviours based on love, care and forgiveness. This school wants to assist each of its students to develop a strong, positive self-concept by providing a continually friendly, supportive environment based on respect for the person and sensitivity to individual differences. It wants to provide its students and parents with the experience of a Christian community at work and play.

Though parents are the prime educators of their children, the education of a child is not the sole responsibility of the parent or the school; it is a happy and informed combination of both. So it is vital that parents are one with the school as it endeavours to foster each student’s growth in personal relationship with Christ. This it strives to do by the teaching of Catholic truths and the introduction of students to the Sacraments within the experience of their Christian Community.

One of the exciting things about a school is that its ‘life’ never grows old; it undergoes a transfusion or replenishment of youthful innocence at the beginning of each year. May a spirit of generosity and goodwill prevail in our school throughout 2011, so that the Catholic education that occurs here is truly an expression of the mission of Jesus to his Church. May the special character of our Christian Community be of benefit to the broader community around us all.

PUPPET SHOW: At the 10 March General Assembly, our Social Worker, Jenny Maughan, will be presenting a puppet show to the students and parents. All parents are invited to attend the assembly in the parish hall.

ASH WEDNESDAY MASS: A reminder that the school will be celebrating Ash Wednesday in the Parish Church, commencing at 9.00 a.m. All parents are invited to attend the celebration.

PUPIL FREE DAYS: A reminder that this Friday, 4 March, 18 and 19 April are pupil free days. Term 1 concludes on Friday, 15 April at 3.00 p.m. Please mark these dates in your diaries.

Enjoy your long weekend and I look forward to seeing you all back at school on Tuesday, 8 March.

Greg Martin
GREG MARTIN
Principal
Uniform Shop News

The Uniform Shop will be open every Tuesday between 8.15 – 8.45 a.m.

Refer to the uniform shop section of the school website for the latest order form for winter uniforms to be worn Term 2 and Term 3 2011. Please remember to get your order in for all winter uniforms by FRIDAY, 11 MARCH (THIS WEEK). Please feel free to come into the uniform shop to check for sizes. A notice will be placed in the school newsletter when orders are ready.

We now have size 4 and size 6 sports shorts in stock for those who need them.

As always should you have any questions please contact Uniform Shop Coordinator, Pauline Moran (year 3 & Pre-Primary) on 0412 712 128, or alternatively Simone Dearle (year 5 & 3) on 0409 507 994. Thank you.

P&F News

To ensure that everyone in the school community is aware of happenings within the school, we need class representatives to attend P&F meetings and email information to the class.

If you have a child in Pre-Kindy or Year 3 and would like to take on this role, please contact the P&F through the email address: parentsandfriends@saintcolumbas.com.au.

If you would like to be part of the Fundraising Committee, please email the P&F on the above address.

Penny Pettit
Secretary

We have a fun year planned!

Please put the following dates in your calendar:

Picnic in the Park: 10th April 4pm onwards @ Macauley Park in Inglewood.
BYO everything for a casual afternoon to socialise with both old and new friends.
Disco: Friday 10th June (a night for the children!)
Casino Night: Friday 17th June (a night for the adults!)
Quiz Night: 2nd September (a night to remember!)

Please remember to fill a jar with goodies for our LUCKY JAR stall at the Autumn River Festival ASAP. Each class has a box for the jars. We are asking for one jar per family—for minimum effort we get maximum results!! All moneys raised benefit our beautiful children.

Uniform Shop Hours

Tuesday, 8 March 2011
8.15—8.45 a.m.

School Banking

Remember to encourage your child to continue making deposits each Tuesday morning. Sound financial habits established now will hold them in good stead for their future.

If any parents wish to open an account for their children, please see me in the canteen on Tuesday mornings before school.

Marcia Mackenzie
School Banking Coordinator
0439 827 434
Sporting Achievements!

On Sunday, 27 February twenty swimmers from St. Columba’s competed in the 2011 Sunsmart Schools and Colleges Relay at Challenge Stadium. The swimmers were up against schools like Scotch College, Wesley College, Trinity and Christ Church Grammar. It was very impressive to see all of our teams place well in their heats and especially the Yr 4&5 Boys Team. Jacob Dearle, Sam Marrapodi, Lachlan Higgins and Ben Dearle took out 1st and came 4th overall. Well done Boys!

The swimmers had a great day and some very fast times have been recorded. We are all now looking forward to training and competing in the Inter School Carnival.

Thank you to all the parents who came and supported us and for all the help on the day.

Leah Marrapodi

Social Worker

Hello everyone

Thank you for your warm welcome to St Columba’s. The social work service has been re-established and already I have met many of our wonderful children and parents. I am excited about becoming part of this vibrant school community.

The social work service is available for all students and their parents when challenges arise at home or in school which affect their emotional and social wellbeing. This involves individual and group counselling sessions within school hours. I especially love using the creative arts to connect with children and our Crunchkin Crew Puppet Troupe goes into classrooms regularly to provide colourful shows about important issues such as resilience, confidence and making friends.

If you would like to make an appointment for your child, please contact reception or talk to their teacher. I am available every Wednesday and alternate Thursdays.

If you would like to see a sample of how puppetry works with getting important messages across we will be performing a show at next week’s assembly at 2.30 p.m. on 10 March.

Looking forward to seeing you there!

Jenny Maughan
Social Worker
Parish Cleaning Roster

VOLUNTEERS URGENTLY REQUIRED!
Volunteers are urgently required to assist with the Parish Hall Cleaning. The hall is used by all our children, so please support the Saint Columba's community and volunteer your time. By contributing 1-2 hours a year you can do your bit for the school!

Thank you so much to everyone who has volunteered their time this year and in the past.

The parish hall cleaning takes about 1.5 hours or less if you have 2 people working together. The hall can be cleaned after school on Friday or on Saturday before 4pm. Please contact Jill Brazil on 0411 592 234 or jbrazil@iinet.net.au for further information.

The key to the parish hall is located at the school office and can be picked up on Friday afternoon. Once you have finished cleaning, please remember to lock the hall and return the key to the office on Monday morning.

Thank you to those who have volunteered their time. If the date allocated does not suit, please call another team to arrange a date swap.

JILL BRAZIL

Canteen News

Families are reminded to please keep your account in credit.

SHERYL MILONAS

Pastoral Care

The Term 1 Roster is up on the classroom door for you to check when your child/children are due to donate the prize for their class. Kindy to year 4 provide a small gift (e.g. book, puzzle, textas etc.) to the value of $5. Year 5 and Year 6 provide a cake. Please remember the nut-free policy when sending in baked goods. Tickets are 20c each, with a maximum of 3 tickets. Thankyou!

Week 6
Friday, 11 March

Kindy White
Zayne Thomas

Kindy Green
Julian Pincus

Pre-Primary
Denver Havercraft

Year 1
Indiana Marrapodi

Year 2
Daniel Abel

Year 3
Ruby New

Year 4
Dara Fournier

Year 5
Audrey French

Year 6
Taylah Stewart

Happy Birthday!

Wishing a very happy birthday this week to:

Zayne Thomas
(Kindy White)

Mia Omerovic
(Pre-Primary)

Dante Quintal
(Yr 1)

Gabriel Naylor
(Yr 2)

Lucinda Sheardown
(Yr 4)
Community News

Bayswater Primary School

Fete
10 April 2011
10 a.m. to 4.00 p.m.

We would like to extend an invitation to all parents, teachers and students of St. Columba’s School. There will be some great attractions, including the Raddrock Climbing Wall & Extreme Air Bungee, Old MacDonalds Travelling Farm, Balleroo Riding School Ponies & Jumping Jays Bouncy Castle. There will be a vast array of stalls, Crafts, Plants & 2nd Hand Toys, books, Games & Clothes. There is a SideShow Alley which will feature lots of games and activities for all ages. We will have an Auction and Raffles. There will be a 42" LG Plasma that will be raffled on the day. It has been kindly donated by The Good Guys Discount Warehouse Belmont.

We hope to see you all there.

Northern Saints
BASKETBALL
CLUB Inc.

PO Box 952
MORLEY 6943
PH  0417 974 179

NORTHERN SAINTS
BASKETBALL CLUB
New season starts on
SATURDAY, 14 May 2011.
Registration Day:  12 March
from 9.00am to 2.30pm.
Girls, Boys & Mixed
competitions
At Altone Park Rec. Centre,
Benara Road, Beechboro.
Enquiries
call:  0417 974 179

Bayswater Primary School

Pictures in the Park

Season 2011

Free Admission

Maylands
Bardon Park
cnr Bardon Place & 4th Avenue

Saturday, 26 February:  Despicable Me
Saturday, 26 March:  Toy Story 3

Pictures in the Park is a family event with the intent of bringing families together to enjoy life.

The event is free to the community and offers a family movie in an open air cinema style setting.

There is a free bouncy castle for the children’s enjoyment. A sausage sizzle and refreshments are available at discounted prices to help satisfy the hunger. No tickets or bookings required.

Lisa Baker MLA
MEMBER FOR MAYLANDS
(08) 9370 3550
(fax) 9272 4291
CHISHOLM CATHOLIC COLLEGE - BEDFORD

SCHOLARSHIPS FOR YEAR 7 2012

The Principal and Board invite applications for the following scholarships:

**Academic Scholarships**

Tenable from Years 7-12, are awarded on the basis of a written examination and an interview.

The Academic Scholarships Examination will be held on Saturday 7th May 2011 at 8.45 a.m. Applications can be lodged online on [www.chisholm.wa.edu.au](http://www.chisholm.wa.edu.au) or phone 9208 2516 for an application form.

**Music Scholarships**

One general (any instrument or voice) and one specialist (to be taught bassoon) scholarships are tenable for Years 7-12 and cover music tuition fees.

Scholarships will be awarded on the basis of an audition/examination and applicants will be advised as to the date these are to be held.

Requests for application forms should be directed to the College on 9208 2516.

Applications close at 4pm on Thursday 31st March 2011.

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**APPLICATIONS FOR ENROLMENT**

Applications are invited from students currently in Year 5, who will enter Year 7 in 2013.

The first round of applications will close on

**Friday 18TH March 2011.**

Application Forms are available from the College website or by telephoning 9208 2516

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**OPEN DAY**

**TUESDAY 15TH MARCH 2011**

For our teachers and students, it will be work as usual. Prospective parents will find them engaged in a range of intellectual, cultural, social and physical activities.

**Guided tours will commence at**

8.45am, 11am and 1.15pm

**from the College Performing Arts Centre, Beaufort Street**

Parking: Enter from May Street and park as directed.

**Bookings for tours are essential and close on Friday 11th March 2011.**

Tel: 9208 2516 Fax: 9271 9663

Please feel free to bring your children along.

**Email:** admin@chisholm.wa.edu.au
We can help you grow, manage & protect your wealth.

Your one stop shop for all your
Financial needs.
DECLAN CONOLLY 0422 487 563
FB LIC 4712

www.goalfinancialservices.com.au

Greg Palmer 0433 355 974
PO Box 423 Bayswater WA 6933