Our Goal: To improve and help players understand their own skill development through implicit teaching and intrinsic learning (player centred approach) which will benefit the players team along with an increased enjoyment of the game.

Whether your just starting AFL or currently participate in a elite talent pathway Skill Zone will lift your game.

Programs

1 ON 1 Personal AFL Coaching
- 10 week skill development program (10 x 1 hour sessions over 10 weeks).
- Available weekday’s after school or on the weekend.
- Modern AFL Technology used for video analysis + skill reports.
- Coach will travel to a location near you.
- Each player’s program personalised to their own strengths + focus areas.
- 24/7 football mentoring from program coach + current WAFL/AFL listed players.

Group Skill Training
- 10 week skill development program (10 x 1.5 hour sessions over 10 weeks).
- Maximum of 12 participants in each group which keeps personalised program.
- 2 venues:
  - N.O.R central location on Saturdays • S.O.R central location on Sundays.
  - Groups split up into 3 age groups (10 – 12, 13 – 15 and 16 – 17).
  - Players + parents will have access to online training videos + resources.
  - Special guest coaches/speakers.

One Off Skill Assessment
- 1 x 1 hour session for individuals.
- 1 x 2 hour session for groups (15 – 30 participants).
- Video analysis of every type of skill + report.
- Suitable for club and school teams.

Skill Zone Endorsements

Josh Schoenfeld
Gold Coast Suns

Bradley Walsh
Ex - Carlton (current Peel Thunder player)