The ‘Rock and Water’ Program

Facilitated by Craig Van Waardenburg (accredited Rock and Water trainer) this father/son activity-based program builds on the complementary strengths of ‘the rock’ and ‘the water’. One is firm and assertive, while the other is flexible and willing to cooperate.

Many boys are inclined to be primarily physical, and when faced with conflict or a problem often express themselves physically. Through gaining body awareness, self-awareness and emotional awareness they can better recognise the patterns of their own reactions and the reactions of others.

There are two courses running, each focussing on a different age group. The February and May courses are targeting 8-12 year olds and the June course is targeting 13-16 year olds.

Though primarily for fathers and sons, a male mentor or other role model is welcome to participate with the boy.

WEST LEEDERVILLE Primary School
58 Northwood Street

Saturday
18 June 2011
(8 – 12 year olds)

Time: 8.30am – 12.30pm
Fee: $50 per pair

Places are limited so book now on 9489 6322