St. Columba’s School Core Values based on the values of the Sisters of Mercy, our founders.

<table>
<thead>
<tr>
<th>MERCY</th>
<th>JUSTICE</th>
<th>SERVICE</th>
<th>COMPASSION</th>
<th>EXCELLENCE</th>
</tr>
</thead>
</table>

**MERCY VALUE FOR 2016 IS MERCY**

At St. Columba’s Primary we believe that mercy is a core value that encourages children to aspire to put themselves in someone else’s shoes and learn to forgive and to be forgiven.

### Notices

**Year of Mercy Logo**

**IMPORTANT DATES**

**THURSDAY 10th MARCH**
Senior Assembly
Year 6

**FRIDAY 11th MARCH**
Parish Mass
Years 3 & 6

**WEDNESDAY 16th MARCH**
St Patrick’s Day at the Canteen

**THURSDAY 17th MARCH**
Parent Information Session
PK & K 2017

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**Be Allergy Aware!**

Families are reminded that St. Columba’s is an Allergy-friendly school. Please DO NOT bring nuts or nut by-products onto the school grounds. Some of the foods to avoid are Muesli Bars with peanuts, Nutella products, peanut butter and any other foods containing traces of nuts.

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**Parish Priest:** Fr Minh-Thuy
Almondbury Street, Bayswater
Phone: (08)9271 1414
parish@stcolumbasbayswater.org.au

**Parish Mass Times**
Weekdays: 9:00 a.m.
Saturday—Vigil Mass 6:00 p.m.
Sunday—Mass 7:30 a.m. and 9:30 a.m.
Parish Youth Mass—Last Saturday of each month.

**Term 1 Dates:** Mon 1 Feb—Fri 8 April
School Times: 8:30 a.m.—3:00 p.m.
Recess: 10:40 a.m.—11:00 a.m.
Lunch: 1:00 p.m.—1:40 p.m.

*PLEASE CHECK THE WEBSITE PLANNER FOR REGULAR UPDATES TO THE CALENDAR*
The logo and the motto together provide a fitting summary of what the Jubilee Year is all about. The motto Merciful Like the Father (taken from the Gospel of Luke, 6:36) serves as an invitation to follow the merciful example of the Father who asks us not to judge or condemn but to forgive and to give love and forgiveness without measure (Lk 6:37-38). The logo – the work of Jesuit Father Marko I. Rupnik – presents a small summa theologiae of the theme of mercy. In fact, it represents an image quite important to the early Church: that of the Son having taken upon his shoulders the lost soul demonstrating that it is the love of Christ that brings to completion the mystery of his incarnation culminating in redemption. The logo has been designed in such a way as to express the profound way in which the Good Shepherd touches the flesh of humanity and does so with a love with the power to change one’s life. One particular feature worthy of note is that while the Good Shepherd, in his great mercy, takes humanity upon himself, his eyes are merged with those of man. Christ sees with the eyes of Adam, and Adam with the eyes of Christ. Every person discovers in Christ, the new Adam, one’s own humanity and the future that lies ahead, contemplating, in his gaze, the love of the Father.

The scene is captured within the so called mandorla (the shape of an almond), a figure quite important in early and medieval iconography, for it calls to mind the two natures of Christ, divine and human. The three concentric ovals, with colours progressively lighter as we move outward, suggest the movement of Christ who carries humanity out of the night of sin and death. Conversely, the depth of the darker colour suggests the impenetrability of the love of the Father who forgives all.

Fees Statements:

Family Annual statements were sent home in week 4.

Parents/guardians are asked to complete a NEW direct debit form if they wish to pay using this facility. Forms can be downloaded from the website.

Current Government Health Care /Pension Cards must be presented before any discounts are applied.

Please contact Mrs Peta Santella or Mrs Karen Meleca if you have any queries regarding your account.
Here’s more from Michael Grose for families in our community with younger children

www.parentingideas.com

Birthday Parties and how to handle disappointment

This week’s article from Michael Grose at parentingideas.com.au

It’s funny how the seemingly small things cause the greatest angst for kids – a sneer from a sibling; a curt remark from a teacher or being left off a classmate’s birthday party invitation list can leave a child feeling insecure, even sad.

While some issues such as sibling disputes are perennial others such as helping children manage the disappointment of missing a friend’s birthday party is a more pressing concern for primary-aged children right now. In fact, according to many teachers and parents I meet many children’ birthday parties are creating rifts between children, leading to alienation for those left off the party list.

Issue invitations with sensitivity
It’s a good life lesson for a child to learn that they can’t be invited to everything. But not being invited to a party shouldn’t make a child feel isolated or humiliated. Disappointment is normal; humiliation and alienation are not acceptable. Which means children need to give out invitations while being mindful of the feelings of others. This is where good parenting comes in. We need to remind, and if necessary teach children, how to give out invitations sensitively being mindful of the possible disappointment that some children will experience. Likewise all children who are going to a party should be reminded of their social obligations to all classmates, not just those who are in the “in” crowd. Tolerance and social graces are the foundations of a civil society and these lessons start in primary school.

Helping kids handle disappointment
One of the keys to functioning socially and emotionally is the ability to deal with disappointment and rejection. So whether it is a case of not receiving an invitation to a classmate’s birthday party or a school playground snub, most children experience some type of rejection from their peers throughout childhood. One study found that even popular children were rejected about one quarter of the time when they approached children in school.

Most children recover from such rejection. They move on and form constructive, worthwhile relationships but some children need help. They often take rejection personally, blaming themselves. As a parent it is useful to challenge children’s unhelpful thinking and encourage them to look for new friendship opportunities. Parents can help children understand that rejection may happen for any number of reasons that are unrelated to them.

In the course of a school day children will meet with a number of challenges and even setbacks. They may struggle with some schoolwork. They may not do well in a test and they may not be picked for a game that they wanted to play. Children grow stronger when they overcome their difficulties. The challenge for parents is to build and maintain children’s confidence to help them get through the rough times.

(Cont’d Pg 4)
Here’s more from Michael Grose for families in our community with younger children

www.parentingideas.com

One way to help children deal with rejection and disappointment is to talk through problems or difficulties, recognising and accepting their feelings. Talk about various scenarios, discussing possible outcomes. The age of the child will determine the amount of detail. Keep things simple and avoid burdening a younger child with concepts he or she doesn’t understand.

Your attitude can make a huge difference to how a child reacts. If you see rejection or disappointments as problems then your child will be hamstrung by this view. See them as challenges then your child will, in all likelihood, will pick up your upbeat view and deal with disappointments easily. After all, confidence is catching!

To help children handle rejection and disappointment try the following four strategies:

1. Model optimism. Watch how you present the world to children, as they will pick up your view.

2. Tell children how you handle disappointment and rejection. Not only is it reassuring for children to know that their parents understand how they feel but they can learn a great deal by how their parents handle situations.

3. Help children recognise times in the past when they bounced back from disappointment. Help them recognise those some strategies can be used again.

4. Laugh together. Humour is a great coping mechanism. It helps put disappointment in perspective. It helps them understand that things will get better. They always do.

Jennifer Maughan
Social Worker
St Columba’s School Bayswater
Tues, Wed & Thursdays
P: 9208 2704
E: maughan.jennifer@cathednet.wa.edu.au
P & F News

Hot Cross Bun Order

Only 1 week to go, so get your orders in

Next P&F Meeting

The next P&F meeting is Tuesday 22 March at 730pm in the library.

Jennifer Debono
P & F President

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Library News

Parents your help is needed with the covering of some of our gorgeous new books.

Thank you to those parents who have already volunteered. If you have any spare time please see Mrs Cuthbert in the library to either arrange for a time to come in, or take small batches home to cover... whichever is more convenient.

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Uniform Shop News

The Uniform Shop will be open every Wednesday at 1.00pm to 2.30pm. Order forms can be found on the website. Orders can be paid for at the office, by cash/cheque/eftpos, and placed in the locked box just outside the office. All orders will need to be picked up from the uniform shop. You will be notified when the order is ready to be picked up.

We are now accepting winter uniform orders.

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Out of School Hours Care (OSHC)

For all enquiries and bookings please call Jess on 9208 2723, or email: oshc@stcolsays.wa.edu.au
Welcome to Netball 2016

St Columba's Netball Club invites your child to join us for the 2016 netball season.

- Games are played at Kooyong St, Belmont
- Saturday mornings at either 8.30 or 10.30am
- 30 April to 17 September

Training for all teams will be at the Belmont courts, Thursdays 3.30 - 4.30pm.

** (Final game times will be confirmed once teams are registered and fixtures have been sorted.)

Registration and fees are required by 24 March 2016

Fees this year will remain the same, $170 and dress hire $20.

NetSetGo Year 1 (must turn 7 during the season), Year 2, Year 3 & first time Year 4’s


Juniors (Year 4 second year of play and older students)

[https://netball.resultsvault.com/common/pages/noauth/olregstart.aspx?misc=83sCC31vA8u8%2bsMO3iA6wFg%2b0Uwl4Lrw7Wt%2FV8pbUq%3d%&entityid=52092&fl=1&id=16098](https://netball.resultsvault.com/common/pages/noauth/olregstart.aspx?misc=83sCC31vA8u8%2bsMO3iA6wFg%2b0Uwl4Lrw7Wt%2FV8pbUq%3d%&entityid=52092&fl=1&id=16098)

Please deposit money either by direct debit or in person at the Bayswater Bendigo Bank, using your child’s full name as reference.

Acc Name: St Columba’s Bayswater Netball Club
BSB: 633000
Acc No: 154633077

IF YOU WISH TO PURCHASE A DRESS AT A COST OF $75,
PLEASE EMAIL STCOLUMBASNETBALL@GMAIL.COM BY 24 MARCH

NEW MEMBERS

YEAR ONE PARENTS - If your child does not turn 7 in during the season, please contact Belmont Netball Association to enquire about their skills program, run at 8.30am Saturday morning during the season.

St Columba’s Netball Club is run by volunteer parents. If you would like to get involved, please email stcolumbasnetball@gmail.com, each team requires a coach and a manager.
Canteen

Please place all canteen orders online via www.ouronlinecanteen.com.au.

Parents, you can add your name to the canteen roster via the above website.

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<td>25/3/16</td>
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<td>Monday</td>
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Wednesday the 16th March is St Patrick’s Day at the Canteen. We will be having ‘Green’ Morning Tea which can be ordered online. If any parents are able to help contribute any items for morning tea please see Sheryl in the Canteen.

PLEASE UPDATE YOU CHILD’S YEAR/CLASS VIA THE ONLINE CANTEEN WEBSITE TO ENSURE YOUR CHILD GETS THEIR LUNCH ORDER.
Pastoral Care Raffle

Term rosters are placed on the classroom door and printed in the weekly newsletter for you to check when your child/children are due to donate the prize (one prize donated per child a year) for their class. The idea is to provide a small gift (e.g., book, puzzle, pencils, etc.) to the value of $5.

The child rostered to donate a prize is required to hand the prize to the class teacher on the morning.

Tickets are 20c each, with a maximum of 3 tickets.

Your participation and continued support are greatly appreciated.

To:
Grace Hamilton
Kindy White
Roman Hube
Emmitt Winkler
1W
Cole Trinder
4W
Esther Coates
PPG
Carter Robertson
4W
Chase Morris
PPW
Joshua Castellano
1G

<table>
<thead>
<tr>
<th>Kindy Green</th>
<th>Week 6 Talia Chan Week 7 Ryder Walsh</th>
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<tr>
<td>Kindy White</td>
<td>Week 6 Aaron Gorman Week 7 Lucy Gardiner</td>
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<td>PP Green</td>
<td>Week 6 Esther Coates Week 7 Max Kryachok</td>
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<tr>
<td>PP White</td>
<td>Week 6 Olivia Janney Week 7 Gabrielle Mazurak</td>
</tr>
<tr>
<td>Year 1 Green</td>
<td>Week 6 Milan Dimitrijevic Week 7 Mackenzie Markovic</td>
</tr>
</tbody>
</table>

**Week 6 (11/3/16)**
Year 1 White Week 6 Taj Debono Week 7 Eve Bristow-Baohm

**And**
Year 2 Green Week 6 Ruby Morris Week 7 Saskia O’Neill

**Week 7 (18/3/16)**
Year 2 White Week 6 Sithmi Ratnasekara Week 7 Emily Thoms
Year 3 Green Week 6 Milla Iaschi Week 7 Amy Ehrhardt
Year 3 White Week 6 Eva Ierace Week 7 Lucas Hancock
Year 4 Green Week 6 Olivia Petrella Week 7 Luke McLaughlin
Year 4 White Week 6 James Wright Week 7 Leah Savage
Year 5 Week 6 Sebastian Car Week 7 Sophia Giacci
Year 6 Week 6 Indianna Marrapodi Week 7 Jordan Omerovic
Classifieds

Advertising space available!

$50.00 per term for a business card-sized ad.

Contact admin@stcolsbays.wa.edu.au
with your pdf and to arrange payment to the P&F.

Dianne Sobejko
CARTER’S
Real Estate
BAYSWATER

Giving Back to the community.
As a past Parent of St Columba’s, I know how important Fundraising is. The following is my way of giving back to the school.
I will donate $500 to St Columba’s Fundraising, upon the Settlement of each home that is listed with me through Parents, Friends or Family members.

Kind Regards,
Dianne Sobejko

AusCan Safety

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Please contact Frank on 0455 922 472

Ben Silverman Property Consultant
m: 0487 727 054
p: 08 9378 3311
f: 08 9279 9388
e: ben@wellsteadteam.com.au

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Cr Stephanie Coates
West Ward

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Email: stephanie.coates@bayswater.wa.gov.au
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www.stephcoates.com.au

Civic Centre
61 Brown Avenue, Morley Western Australia 6062
Telephone: (08) 9272 0622 Facsimile: (08) 9272 0665
Postal Address: PO Box 467 Morley WA 6943

Darryn Webb
0435 776 470
handymanproshop@gmail.com
www.handymanproshop.com.au

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Professionals

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Classifieds

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**Michael Crofton** 0403 017 804  
Email: michael@chl.net.au

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**Touching Hearts, Teaching Minds, Transforming Lives**  
Enrolments for Year 7, 2018 are now being accepted. For a prospectus and enrolment form, please contact La Salle College on 9274 6266 or visit the College website [www.lasalle.wa.edu.au](http://www.lasalle.wa.edu.au)

**OPEN DAY**  
Tuesday 5 April 2016  
Tour Times: 9:15am, 11:15am and 1:30pm  
To book your tour contact 9274 6266

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**Galleria Podiatry**  
“WE FIX FOOT PAIN”  
Children’s Foot & Leg Pain  
Flat Feet  
Pigeon Toes  
Warts  
Heel/Arch Pain  
Growing Pains  
Ingrown Toenails  
Knee Pain  
Galleria Podiatry, 295 Walter Road, Morley, 9275 9066.  

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**Perth’s Latest Buy.com.au**  
1000’s of Gifts for Everyone  
**FREE Keychain Torch with any order!**

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**Cobra Martial Arts Morley**  
**special Offer**  
Introductory lesson includes uniform **$59**  
Adult and junior classes on now  
Learn self-defence, get fit and have fun whilst learning martial arts!

Unit 11, 515 Walter Road East, Morley  
(08) 6262 3923  
0431 899 192  
info@cobramartialartsmorley.com.au  
cobramartialartsmorley.com.au

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**Graf After Hours**  
**MOUNT LAWLEY**  
MON-FRI ................. 7pm-11pm  
SAT ....................... 2pm-10pm  
SUN & P. HOL ............ 10am-10pm  
779 Beaufort Street  
(cnr Third Avenue)  
MOUNT LAWLEY WA 6050

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Lisa Baker MLA  
MEMBER FOR MAYLANDS  
(08) 9370 3550  
(fax) 9272 4291