Jubilee Year of Mercy Reflection

Corporal Works of Mercy: Visit the sick
Those who are sick are often forgotten or avoided. In spite of their illness, these individuals still have much to offer to those who take the time to visit and comfort them.

What can you do?
- Give blood
- Spend time volunteering at a nursing home – Get creative and make use of your talents (e.g. sing, read, paint, call Bingo, etc.)!

Take time on a Saturday to stop and visit with an elderly neighbour

Be Allergy Aware!
Families are reminded that St. Columba’s is an Allergy-friendly school. Please DO NOT bring nuts or nut by-products onto the school grounds. Some of the foods to avoid are Muesli Bars with peanuts, Nutella products, peanut butter and any other foods containing traces of nuts.
Out of School Hours Care (OSHC)

For all enquiries and bookings please call Jess on 9208 2723, or email: oshc@stcolsbays.wa.edu.au

Uniform Shop News

The Uniform Shop will be open every Wednesday at 1.00pm to 2.30pm. Order forms can be found on the website. Orders can be paid for at the office, by cash/cheque/eftpos, and placed in the locked box just outside the office. From the beginning of Term 2, any orders that cannot be picked up from the uniform shop on Wednesday’s, can be picked up on a Friday morning between 9.00am and 9.30am. **NO PURCHASES** can be made at this time. Orders cannot be left at the office for collection. You will be notified when the order is ready to be picked up.

P & F News

**SAVE THE DATE**

Please put 28 October 2016 into your diaries. The P&F will be holding their annual fundraising night and this year we will be celebrating the 80’s (style, movies anything 80’s you have). The entertainment this year will be the band 80’s Inc. So save the date and start getting those outfits prepared.

**Next P&F Meeting**

The next P&F meeting will be held Tuesday 28 June. Hope to see you there.
Here’s more from Michael Grose for families in our community with younger children

www.parentingideas.com

Giving kids responsibility is a big confidence-building strategy

Giving kids responsibility is tricky. It’s easy to give responsibility to responsible kids as you’ll know that they’ll follow through. Whether it’s feeding the family pooch; setting the table for mealtime or helping a sibling get ready for the day you only need to remind them once and the job’s done. Too easy!

But what about tricky kids – second or later born; kids with special needs or kids who are discouraged? It’s not so easy giving responsibility to kids that need extra teaching and who need to be followed up. It’s these kids that make responsibility-giving hard work, even risky for parents.

It’s a balancing act
Giving responsibility becomes a balancing act as we need to weigh up between doing a job ourselves, as it’s important to be done right, or letting kids experience the consequence of them not doing their job (the family doesn’t eat until the table is set). It’s easy to take the safe way out and fix kids’ mistakes or safer still, don’t give kids any responsibility at all.

Ask yourself this:

“What does your child do that someone else relies on?”

If the answer is zilch/zero, then I suggest it may be time to give him or her something significant to do that benefits others – hear a sibling read each day; be the trash controller; tidy the living room before mealtime. There’s generally no shortage of opportunities to help out – just a lack of time to make it happen and perhaps a lack of willingness to put up with the approximations in quality, as well as a child’s occasional attempts at resisting to help out.

Here are five ideas to make responsibility giving easier:

1. **Change responsibilities around.** If possible change chores and responsibilities around each week to avoid boredom (“This is so boring!”) and resentment (“How come I always get the rotten jobs?”).

2. **Use rosters when possible.** The use of a list or roster takes the onus away from you to always remind children to do their jobs - so it’s a great independence-building tool.

3. **Remind, cue but don’t take responsibility** Kids can get tired and overwhelmed with busy schedules so a reminder from time to time about “Who’s turn is it to fill the dishwasher?” can make it easy for kids to be responsible, without taking the responsibility away.
Social Worker News (Cont’d)

4. **Start by completing responsibilities with kids** If kids are new to any task then it’s smart management to spend some time doing the job with them until they get the hang of it, stepping back when you are no longer needed. That’s what working yourself out of a job is all about.

5. **Let them know how you feel when they do it well** Avoid over-praising kids for helping out. Instead let kids know how their help makes you feel: happy, relieved, proud. This takes the onus away from the quality of the help and places the focus more on their contribution, which is what you are encouraging.

Giving kids real responsibility is harder than ever in our busy, small family environments. But it’s more important than ever to expect your kids to pull their weight.

**Jennifer Maughan**

Social Worker  
St Columba’s School Bayswater  
Tues, Wed & Thursdays  
P: 9208 2704  
E: maughan.jennifer@cathednet.wa.edu.au
Kindy News

Thank you Mr and Mrs Gilbert. You are “Oarsome!”
Community News

La Salle College
Annual Quiz Night
Friday 29 July at 7pm
Tickets now available from the Administration Office
or call 9274 6266.

To be part of the College’s Community Directory
please contact 9449 0635.
A donation to the Quiz Night is all that is required.

NOMINATE A GREAT TEACHER TODAY.

Do you know a teacher you’d like to thank? A Day Made Better gives you the opportunity to thank a primary or secondary school teacher who is making a difference. If chosen as one of 10 winners, they’ll receive $5,000 worth of supplies and an Apple iPad for their classroom. Help us recognise these inspiring people by nominating them today.

NOMINATE A TEACHER YOU’D LIKE TO THANK BEFORE JUNE 17TH
Great teachers are worth celebrating.
ADAYMADEBETTER.COM.AU
Canteen

Canteen International day on 22nd June – a variety of dishes will be available for $5.50 each (Including a Juice Box). Menu and orders available online, orders close 17th June.  
www.ouronlinecanteen.com.au

Only Online orders will be accepted

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Pastoral Care Raffle

Term rosters are placed on the classroom door and printed in the weekly newsletter for you to check when your child/children are due to donate the prize (one prize donated per child a year) for their class. The idea is to provide a small gift (eg book, puzzle, pencils etc) to the value of $5.

The child rostered to donate a prize is required to hand the prize to the class teacher on the morning.

Tickets are 20c each, with a maximum of 3 tickets.

Your participation and continued support is greatly appreciated.

Kindy Green: Week 7 Abbie Hartus, Week 8 Kai Fermanis
Kindy White: Week 7 Madeline Jackson, Week 8 Evan Nguyen
PP Green: Week 7 Katie Kealley, Week 8 Orlando Martino Da Fonseca
PP White: Week 7 Brielle Donovan, Week 8 Oscar Durack
Year 1 Green: Week 7 Asha Campbell, Week 8 Max Gardiner
Year 1 White: Week 7 Lenny Mushayija, Week 8 Mackenzie Brand
Year 2 Green: Week 7 Tyson Lee, Week 8 Monique Parri
Year 2 White: Week 7 Leah Purcell, Week 8 Alexander Harp
Year 3 Green: Week 7 Roman Huba, Week 8 Addison Markovic
Year 3 White: Week 7 Cameron Doyle, Week 8 Alyssa Giacci
Year 4 Green: Week 7 Nelson Brown, Week 8 Genevieve Lovering
Year 4 White: Week 7 Lachlan Marshall, Week 8 Selene Seneviratne
Year 5: Week 7 Sacha Raschella, Week 8 Corrina Porreca-Rechichi
Year 6: Week 7 Ella Shanahan, Week 8 Emily Savage
Classifieds

Advertising space available!

$50.00 per term for a business card-sized ad.

Contact admin@stcolsbays.wa.edu.au with your pdf and to arrange payment to the P&F.

Giving Back to the Community.
As a parent of St Columba's, I know how important Fundraising is. The following is my way of giving back to the school. I will donate $500 to St Columba’s Fundraising, upon the Settlement of each home that is listed with me through Parents, Friends or Family members. I love my job as a Licensed Estate Agent.

Kind Regards,
Dianne Sobieko

CARTER’S
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Dianne Sobieko

9272 8411

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La Salle College
Touching Hearts, Teaching Minds, Transforming Lives
Enrolments for Year 7, 2018 are now being accepted. For a prospectus and enrolment form, please contact La Salle College on 9274 6266 or visit the College website www.lasalle.wa.edu.au

OPEN DAY
Tuesday 5 April 2016
Tour Times: 9:15am, 11:15am and 1:30pm
To book your tour contact 9274 6266

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