St. Columba’s School Core Values based on the values of the Sisters of Mercy, our founders.

<table>
<thead>
<tr>
<th>MERCY</th>
<th>JUSTICE</th>
<th>SERVICE</th>
<th>COMPASSION</th>
<th>EXCELLENCE</th>
</tr>
</thead>
</table>

**MERCY VALUE FOR 2016 IS MERCY**

At St. Columba’s Primary we believe that mercy is a core value that encourages children to aspire to put themselves in someone else’s shoes and learn to forgive and to be forgiven.

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**Be Allergy Aware!**

Families are reminded that St. Columba’s is an Allergy-friendly school. Please DO NOT bring nuts or nut by-products onto the school grounds. Some of the foods to avoid are Muesli Bars with peanuts, Nutella products, peanut butter and any other foods containing traces of nuts.

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**Parish Priest:** Fr Minh-Thuy  
Almondbury Street, Bayswater  
Phone: (08)9271 1414  
parish@stcolumbasbayswater.org.au

**Parish Mass Times**  
Weekdays: 9.00 a.m.  
Saturday—Vigil Mass 6.00 p.m.  
Sunday—Mass 7.30 a.m. and 9.30 a.m.  
Parish Youth Mass—Last Saturday of each month.

**Term 2 Dates:** Tues 26 Apr—Fri 1 July  
School Times: 8.30 a.m.—3.00 p.m.  
Recess: 10.40 a.m.—11.00 a.m.  
Lunch: 1.00 p.m.—1.40 p.m.

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*PLEASE CHECK THE WEBSITE PLANNER FOR REGULAR UPDATES TO THE CALENDAR*
LifeLink Day Photos
Out of School Hours Care (OSHC)

The July vacation care program is attached to this newsletter.

For all enquiries and bookings please call Jess on 9208 2723, or email: oshc@stcoldsays.wa.edu.au

Uniform Shop News

The Uniform Shop will be open every Wednesday at 1.00pm to 2.30pm. Order forms can be found on the website. Orders can be paid for at the office, by cash/cheque/eftpos, and placed in the locked box just outside the office.

From the beginning of Term 2, any orders that cannot be picked up from the uniform shop on Wednesday's, can be picked up on a Friday morning between 9.00am and 9.30am. **NO PURCHASES** can be made at this time. Orders cannot be left at the office for collection. You will be notified when the order is ready to be picked up.
Here’s more from Michael Grose for families in our community with younger children

www.parentingideas.com

Teach kids to think before they jump to conclusions

Many children jump to conclusions when negative situations occur, which means they think and act impulsively rather than check out possible causes of events. These automatic responses may be justified as they are in line with past events, but in reality they are the least likely explanations.

For example, a boy is walking through the school yard and he’s hit in the face by a football. He automatically thinks someone is trying to hurt him. This is more likely if he has been on the receiving end of some rough treatment in the past.

But if he stops and thinks about it the most likely scenario would be that it was merely a ball kicked out of bounce by some kids involved in a game.

Similarly, a child who waits outside a shop for his friends who are ten minutes late may jump to the wrong conclusions and think, that they have ditched her. She could easily catastrophise and think that they have schemed against her, that they tricked her into going to the shops and they were never going to meet her. They just wanted to make a fool of her. The whole situation was a set-up.

Pessimistic thinking involves this type of quick escalation into the realms of the unlikely, which can leave you feeling physically and emotionally exhausted.

If this girl were slow down and think through the options then it’s fairly clear there are number of more likely scenarios such as, they missed a bus; they were held up; no one has a watch; or they are notoriously unreliable anyway. Slowing down your thinking is a great resilience skill that we all should practise.

Parents should model this type of thinking out loud so kids see how it’s done. If you are the type of parent who instantly looks for the negative side and then builds a mountain out of a molehill in no time, learn to slow down and think through the likely options out loud so your kids can hear how it’s done.
This can be challenging as modern media a propensity to focus on worst case scenarios in many news items, normalising the notion of catastrophising.

Media grabs and headlines frequently feature worst case scenarios such as ‘The worst recession in years…’, ‘Record drought figures…….’, “Poll figures spell defeat for the government.” The propensity for highlighting the worst case rather than more likely scenarios teaches us to think the same.

The good news is we can think differently and teach our kids to do the same.

Jennifer Maughan
Social Worker
St Columba’s School Bayswater
Tues, Wed & Thursdays
P: 9208 2704
E: maughan.jennifer@cathednet.wa.edu.au
Canteen

Please place all canteen orders online via www.ouronlinecanteen.com.au.

*Canteen International day on 22nd June – a variety of dishes will be for $5.50 each including a juice box. Menu will be available next week. Orders to be placed online.*

<table>
<thead>
<tr>
<th>Week</th>
<th>Day</th>
<th>Date</th>
<th>Parent’s Name</th>
</tr>
</thead>
<tbody>
<tr>
<td>6</td>
<td>Monday</td>
<td>30/5/16</td>
<td>Emma Anderton, Jennifer Hurst, Rob Jagger</td>
</tr>
<tr>
<td></td>
<td>Wednesday</td>
<td>1/6/16</td>
<td>Natalie Pizzata, Angela Gorman</td>
</tr>
<tr>
<td></td>
<td>Friday</td>
<td>3/6/16</td>
<td>Amy Magill, Jen Debono, Nyssa Bull, Alissa Inglis</td>
</tr>
<tr>
<td>7</td>
<td>Monday</td>
<td>6/6/16</td>
<td>Public Holiday</td>
</tr>
<tr>
<td></td>
<td>Wednesday</td>
<td>8/6/16</td>
<td></td>
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<tr>
<td></td>
<td>Friday</td>
<td>10/6/16</td>
<td>Steph Coates, Simonne Moretta</td>
</tr>
<tr>
<td>8</td>
<td>Monday</td>
<td>13/6/16</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Wednesday</td>
<td>15/6/16</td>
<td>Rosa Fragomeni, Jennifer Migliore</td>
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<tr>
<td></td>
<td>Friday</td>
<td>17/6/16</td>
<td>Shelley, Carolyn, Diane M</td>
</tr>
<tr>
<td>9</td>
<td>Monday</td>
<td>20/6/16</td>
<td>Clare Carter</td>
</tr>
<tr>
<td></td>
<td>Wednesday</td>
<td>22/6/16</td>
<td>Tonya</td>
</tr>
<tr>
<td></td>
<td>Friday</td>
<td>24/6/16</td>
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<tr>
<td>10</td>
<td>Monday</td>
<td>27/6/16</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Wednesday</td>
<td>29/6/16</td>
<td>Jenny Wishart</td>
</tr>
<tr>
<td></td>
<td>Friday</td>
<td>1/7/16</td>
<td>Kellie Janney, Aoife Stanmore</td>
</tr>
</tbody>
</table>

Our Online Canteen ordering system had a minor hiccup last week. Emails/messages were sent to parents in error. The website is now working fine.

To support school canteens and ensure normal ordering occurs, next week Our online Canteen will be offering daily prizes. So, if parents place an order and want to be in the running for a daily prize please send in your order id via Facebook page or just send an email to info@ouronlinecanteen.com.au.
Pastoral Care Raffle

Term rosters are placed on the classroom door and printed in the weekly newsletter for you to check when your child/children are due to donate the prize (one prize donated per child a year) for their class. The idea is to provide a small gift (eg book, puzzle, pencils etc) to the value of $5.

The child rostered to donate a prize is required to hand the prize to the class teacher on the morning.

Tickets are 20c each, with a maximum of 3 tickets.

Your participation and continued support is greatly appreciated.

<table>
<thead>
<tr>
<th>Class</th>
<th>Week 6</th>
<th>Week 7</th>
</tr>
</thead>
<tbody>
<tr>
<td>Kindy Green</td>
<td>Jack Gilbert</td>
<td>Abbie Hartus</td>
</tr>
<tr>
<td>Kindy White</td>
<td>James McDougall</td>
<td>Madeline Jackson</td>
</tr>
<tr>
<td>PP Green</td>
<td>Craig De Mello</td>
<td>Katie Kealley</td>
</tr>
<tr>
<td>PP White</td>
<td>Isaac Laschi</td>
<td>Brielle Donovan</td>
</tr>
<tr>
<td>Year 1 Green</td>
<td>Taj O'Shea</td>
<td>Asha Campbell</td>
</tr>
<tr>
<td>Year 1 White</td>
<td>Lucia Dawes</td>
<td>Lenny Mushayija</td>
</tr>
<tr>
<td>Year 2 Green</td>
<td>Mia Kowalczyk</td>
<td>Tyson Lee</td>
</tr>
<tr>
<td>Year 2 White</td>
<td>Tyler McCormack</td>
<td>Leah Purcell</td>
</tr>
<tr>
<td>And</td>
<td>Amber English</td>
<td>Roman Hube</td>
</tr>
<tr>
<td>Year 3 Green</td>
<td>Sophia Fegueiredo</td>
<td>Cameron Doyle</td>
</tr>
<tr>
<td>Week 6 (3/6/16)</td>
<td>Year 2 White</td>
<td>Week 7 Tyler McCormack</td>
</tr>
<tr>
<td>Week 7 (10/6/16)</td>
<td>Year 3 White</td>
<td>Week 6 Sophia Fegueiredo</td>
</tr>
<tr>
<td>Year 4 Green</td>
<td>Gabriella Denuccio</td>
<td>Week 7 Nelson Brown</td>
</tr>
<tr>
<td>Year 4 White</td>
<td>Mija Nikolich-Vincec</td>
<td>Week 7 Lachlan Marshall</td>
</tr>
<tr>
<td>Year 5</td>
<td>Danae O'Neill</td>
<td>Sacha Raschella</td>
</tr>
<tr>
<td>Year 6</td>
<td>Daniel Bujok</td>
<td>Ella Shanahan</td>
</tr>
</tbody>
</table>
Classifieds

Advertising space available!

$50.00 per term
for a business card-sized ad.

Contact admin@stcolsbays.wa.edu.au
with your pdf and to arrange payment to the P&F.

Giving Back to the community.
As a past Parent of St Columba’s, I know how important Fundraising is. The following is my way of giving back to the school.
I will donate $500 to St Columba’s Fundraising, upon the Settlement of each home that is listed with me through Parents, Friends or Family members.

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Dianne Sobejko

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Michael Crofton  0403 017 804  Email: michael@chl.net.au

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Transforming Lives

Enrolments for Year 7, 2018 are now being accepted.
For a prospectus and enrolment form, please contact La Salle College on 9274 6266 or visit the College website www.lasalle.wa.edu.au

**OPEN DAY**
Tuesday 5 April 2016
Tour Times:
9:30am, 11:00am and 1:30pm
To book your tour contact 9274 6266

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**After Hours**

MOUNT LAWLEY

MON-FRI ...............  7pm-11pm
SAT .....................  2pm-10pm
SUN & P. HOL ..........  10am-10pm

779 Beaufort Street
(cnr Third Avenue)
MOUNT LAWLEY WA 6050

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Lisa Baker MLA
MEMBER FOR
MAYLANDS
(08) 9370 3550
(fax) 9272 4291