St. Columba’s School Bayswater

32 Roberts Street, Bayswater  Phone: (08)9208 2700  Fax: (08)9370 3985
PO Box 61, Bayswater WA 6933
Email: admin@stcolsbays.wa.edu.au
Website: www.saintcolumbas.com.au

Newsletter

COLUMBA RUNNERS IS COMING!!!!
START DATE MONDAY 2ND MAY @ 3.15 ON THE OVAL
PARENT HELP NEEDED PLEASE!!!!

Be Allergy Aware!
Families are reminded that St. Columba’s is an Allergy-friendly school. Please DO NOT bring nuts or nut by-products onto the school grounds. Some of the foods to avoid are Muesli Bars with peanuts, Nutella products, peanut butter and any other foods containing traces of nuts.

IMPORTANT DATES*

WEDNESDAY 27th APRIL
Two-way Interviews begin

THURSDAY 28th & FRIDAY 29th APRIL
Start Smart Incursion Years 1—6

SATURDAY 30th APRIL
Community Mass Enrolment FHC 6.00pm

THURSDAY 5th MAY
Assembly Senior General

Interschool Swimming Carnival Years 4—6

Parish Priest: Fr Minh-Thuy
Almondbury Street, Bayswater
Phone: (08)9271 1414
parish@stcolsbaysbayswater.org.au

Parish Mass Times
Weekdays: 9.00 a.m.
Saturday—Vigil Mass 6.00 p.m.
Sunday—Mass 7.30 a.m. and 9.30 a.m.
Parish Youth Mass—Last Saturday of each month.

Term 2 Dates: Tues 26 Apr—Fri 1 July
School Times: 8.30 a.m.—3.00 p.m.
Recess: 10.40 a.m.—11.00 a.m.
Lunch: 1.00 p.m.—1.40 p.m.

*PLEASE CHECK THE WEBSITE PLANNER FOR REGULAR UPDATES TO THE CALENDAR

St. Columba’s School Core Values based on the values of the Sisters of Mercy, our founders.

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<th>COMPASSION</th>
<th>EXCELLENCE</th>
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MERCY VALUE FOR 2016 IS MERCY

At St. Columba’s Primary we believe that mercy is a core value that encourages children to aspire to put themselves in someone else’s shoes and learn to forgive and to be forgiven.

Welcome back
Here’s more from Michael Grose for families in our community with younger children

www.parentingideas.com

How parent modelling can develop balanced technology habits in kids

Children are natural mimics.

They mimic our language, especially the worst aspects of our language such as swearing.

As American researcher and psychologist Martin Seligman found in his ground-breaking research into children’s thinking styles, they mimic our optimistic and pessimistic thinking too!

But it’s our habitual behaviours that really leave their mark. Our kids pick up good manners, money and saving habits, and now our technology habits. This means we have the chance to develop good or bad habits in kids by our own observable behaviours.

So now that digital technology is such an integral part of family-life it makes sense to do all we can to develop smart, balanced technology habits in kids. Here are some ideas to help:

1. **Be mindful of how often you have a mobile device in your hand.** Avoid constantly reading emails or texting while in social situations.

2. **Limit your own media use when you are with children.** Be available emotionally with your children rather than stare at a screen when children are around.

3. **Create tech-free zones.** Keep mealtimes and other family social gatherings tech-free.

4. **Model face-to-face time.** Let your kids see you engaging with ‘back-and-forth’ conversations with others. This is how kids learn conversation, negotiation and other relationship skills.

5. **Consciously engage.** Join with kids in games and other technological engagement but at the same time connect with kids in other ways too.

Media and digital devices are an integral part of our lives today. The benefits of these devices if used moderately and appropriately are almost limitless. Parents can use the ageless power of modelling to influence their children to be savvy but balanced users of digital technology.

Jennifer Maughan

Social Worker
St Columba’s School Bayswater
Tues, Wed & Thursdays
P: 9208 2704
E: maughan.jennifer@cathednet.wa.edu.au
Uniform Shop News

The Uniform Shop will be open every Wednesday at 1.00pm to 2.30pm. Order forms can be found on the website. Orders can be paid for at the office, by cash/cheque/eftpos, and placed in the locked box just outside the office. From the beginning of Term 2, any orders that cannot be picked up from the uniform shop on Wednesday’s, can be picked up on a Friday morning between 9.00am and 9.30am. No purchases can be made at this time. Orders cannot be left at the office for collection. You will be notified when the order is ready to be picked up.

Out of School Hours Care (OSHC)

For all enquiries and bookings please call Jess on 9208 2723, or email: oshc@stcolsbays.wa.edu.au

Two Way Interviews

A friendly reminder to parents to select a time for a Two Way Interview with your child’s teacher. Schedules for all classes are on the notice board opposite the Canteen.

Change of days for Social Worker

Our Social Worker, Jennifer Maughan, will be working Monday, Tuesday and Wednesday of week 2. This is a once off change and her normal days, Tuesday, Wednesday, Thursday will continue from week 3.
## Canteen


We are in desperate need of volunteers for this term. If you can spare a few hours please add your name to the canteen roster via the above website.

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Pastoral Care Raffle

Term rosters are placed on the classroom door and printed in the weekly newsletter for you to check when your child/children are due to donate the prize (one prize donated per child a year) for their class. The idea is to provide a small gift (eg book, puzzle, pencils etc) to the value of $5.

The child rostered to donate a prize is required to hand the prize to the class teacher on the morning.

Tickets are 20c each, with a maximum of 3 tickets.

Your participation and continued support is greatly appreciated.

Kindy Green  Week 1 No Raffle  Week 2 No Raffle
Kindy White  Week 1 No Raffle  Week 2 No Raffle
PP Green  Week 1 No Raffle  Week 2 No Raffle
PP White  Week 1 No Raffle  Week 2 No Raffle
Year 1 Green  Week 1 No Raffle  Week 2 No Raffle
Year 1 White  Week 1 No Raffle  Week 2 No Raffle
Year 2 Green  Week 1 No Raffle  Week 2 No Raffle

Week 1 (29/4/16)  Year 2 White  Week 1 No Raffle  Week 2 No Raffle
No Raffle
AND
Year 3 Green  Week 1 No Raffle  Week 2 No Raffle

Week 2 (6/5/16)  Year 3 White  Week 1 No Raffle  Week 2 No Raffle
No Raffle— Mother’s Day
Year 4 Green  Week 1 No Raffle  Week 2 No Raffle

Year 4 White  Week 1 No Raffle  Week 2 No Raffle
Year 5  Week 1 No Raffle  Week 2 No Raffle
Year 6  Week 1 No Raffle  Week 2 No Raffle
**Grace-filled Parenting:**

The Centre for Faith Enrichment is excited to present “Grace-filled Parenting” - a series of workshops aimed at giving parents some time for faith growth in a way that nurtures home and family life. Thursdays 19th May – 23rd June, 10am-12.30pm (includes morning tea break) at the Newman Siena Centre, 33 Williamstown Road, Doubleview. Total cost is $45 and a free crèche is available on-site. To register, for more information, or to see the full range of Term Two courses and events, visit [www.cfe.org.au](http://www.cfe.org.au), or call 9241 5221. ALL are welcome (you don’t have to be Catholic!).

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**Play Soccer with Inglewood United**


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**CF11 Elite Football Academy**

School Term Program commencing Wednesday 11th May at Bayswater Primary School. Flyers can be obtained from the school office.
Classifieds

Advertising space available!

$50.00 per term
for a business card-sized ad.

Contact admin@stcolsbays.wa.edu.au with your pdf and to arrange payment to the P&F.

Giving back to the community.
As a past Parent of St Columba’s, I know how important Fundraising is. The following is my way of giving back to the school. I will donate $500 to St Columba’s Fundraising, upon the Settlement of each house that is listed with me through Parents, Friends or Family members.

Kind regards,

Dianne Sobczko

AUS CAN SAFETY
"Working together to enhance safety in your workplace"

- Portable electrical equipment testing and tagging;
- Residual Current Device (RCD) testing and tagging;
- Fire equipment maintenance;
- Microwave Oven safety inspection and
- Workplace Risk Management solutions.

Please contact Frank on 0455 922 472

Ben Silverman  Property Consultant
m: 0487 727 054
p: 08 9378 3311
f: 08 9279 9358
e: ben@wellsteadteam.com.au

Suite 3 89 Old Perth Road,
Bassendean WA 6054
PO Box 199 Bassendean WA 6934
www.professionalswellsteadteam.com.au
Classifieds

Looking for the right home loan? *When you talk, I listen...*
The difference between a home loan and the right home loan is knowing what you want to achieve - both today and tomorrow. That’s why I take the time to listen.

Michael Crofton 0403 017 804  Email: michael@chl.net.au

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La Salle College

**Touching Hearts, Teaching Minds, Transforming Lives**

Enrolments for Year 7, 2018 are now being accepted. For a prospectus and enrolment form, please contact La Salle College on 9274 6266 or visit the College website www.lasalle.wa.edu.au

**OPEN DAY**

**Tuesday 5 April 2016**

Tour Times:
9:15am, 11:15am and 1:30pm
To book your tour contact 9274 6266

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Galleria Podiatry

“WE FIX FOOT PAIN”

Children’s Foot & Leg Pain  Flat Feet  Pigeon Toes  Warts  Heel/Arch Pain  Growing Pains  Ingrown Toenails  Knee Pain

Galleria Podiatry, 295 Walter Road, Morley. 9275 9006.

www.galleriapodiatry.com.au

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After Hours

MOUNT LAWLEY

MON-FRI .................. 7pm-11pm
SAT ......................... 2pm-10pm
SUN & P. HOL............ 10am-10pm

779 Beaufort Street
(cnr Third Avenue)
MOUNT LAWLEY WA 6050

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Cobra Martial Arts Morley

**Adult and junior classes on now**

Learn self-defence, get fit and have fun whilst learning martial arts!

**Unit 11, 515 Walter Road East, Morley**
(08) 6262 3923  0431 899 192
info@cobramartialartsmorley.com.au
cobramartialartsmorley.com.au

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Lisa Baker MLA
MEMBER FOR MAYLANDS
(08) 9370 3550
(fax) 9272 4291